

one patient at a time

For the past 25 years, Dr. Fredric Newman and his staff have followed four simple rules in his plastic surgery practice: safety, efficacy, providing natural-looking results and giving advice as if every patient was a cherished member of the family. Typically, Dr. Newman performs only one major surgery a day, so that he can devote all of his time and energy to that one patient.

BOARD CERTIFICATION

American Board of Plastic Surgery
American Board of General Surgery

MEDICAL DEGREE

S.U.N.Y. Downstate Medical Center,
Summa Cum Laude

GENERAL SURGERY RESIDENCY

Harvard Medical School,
Beth Israel Hospital
S.U.N.Y. Downstate Medical Center,
Kings County Hospital, Chief Resident

PLASTIC SURGERY RESIDENCY

New York University Medical Center,
Institute of Reconstructive Plastic Surgery

AFFILIATIONS

American College of Surgeons
American Society for Aesthetic
Plastic Surgery
American Society of Plastic Surgeons
International College of Surgeons
International Journal of Cosmetic Surgery
and Aesthetic Dermatology, Editorial Board
New York Medical College,
Assistant Clinical Professor of Plastic Surgery

AREAS OF EXPERTISE

Rhinoplasty
Blepharoplasty
Facelift
Breast Augmentation
Body Contouring

LOCATIONS

Darien, Connecticut
Scarsdale, New York

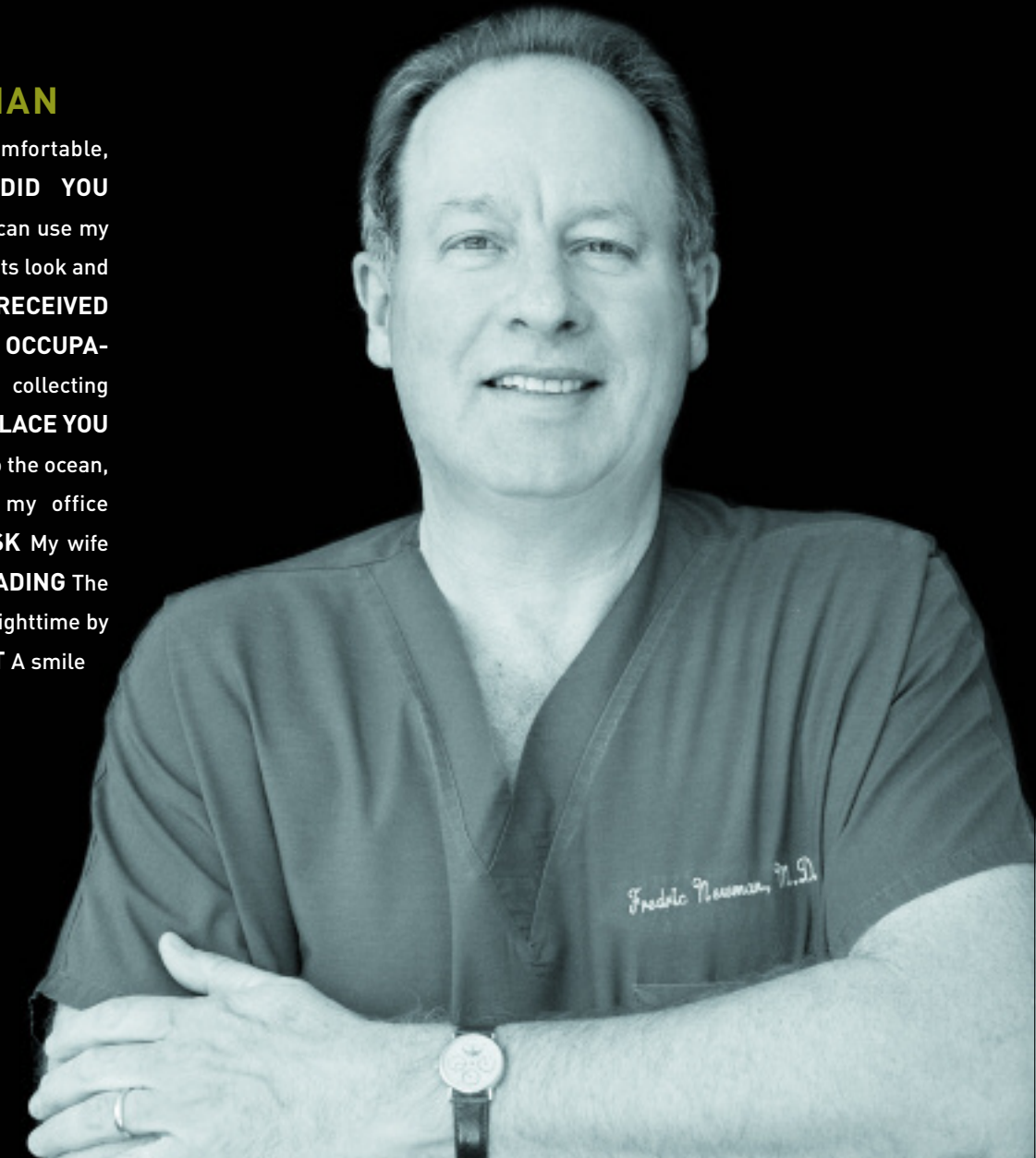
When patients enter The Aesthetic Surgery Center's 5,000-square-foot office space, they are surrounded by a beautiful décor, soothing fragrances, and most importantly, an attentive staff. In fact, Dr. Newman praises his "remarkably experienced" staff, which includes an Ivy-league trained surgical physician's assistant, an accredited anesthesia provider with 20 years of experience and a scrub tech with 20 years of experience.

Dr. Newman only focuses on one patient at a time. He ensures that each surgery is safe, that the procedure will make a significant difference and that the results look natural. His golden rule is to always give patients the same advice he would give a family member. "Our patients feel very comfortable here," he says. "I'm forthright with them and I believe in educating them so that they can make an intelligent and informed decision."

Before embarking on any procedure, Dr. Newman sits down with his patients, hands them a mirror, and asks them what they would like to see different. "It all comes down to good communication." This individualized attention, coupled with his extensive training and experience, and his ability to listen carefully to his patients are what have yielded such great results. 203-656-9999, 914-723-0400 or newbeauty.com/fnewman.

DR. FREDRIC NEWMAN

OPERATING ROOM STYLE Comfortable, focused and meticulous **WHY DID YOU BECOME A PLASTIC SURGEON** I can use my surgical expertise to make my patients look and feel better **BEST ADVICE YOU'VE RECEIVED** Do what you love **ALTERNATIVE OCCUPATION** Teacher **HOBBIES** Reading, collecting antique books, skiing and kayaking **PLACE YOU GO TO ESCAPE THE OFFICE** I go to the ocean, which is about 5 minutes from my office **FRAMED PHOTOS ON YOUR DESK** My wife and three kids **RIGHT NOW I'M READING** The Curious Incident of The Dog in The Nighttime by Mark Haddon **I'M NEVER WITHOUT** A smile



A BLEND OF ART AND SCIENCE

Dr. Newman is proud of his ability to create natural-looking results. For him, the natural look is a priority, and the definition of a successful procedure is one that enhances the way a patient appears without calling attention to the fact that they've had surgery. "A good result is when a patient's beauty is enhanced or when they attain a more rested, healthier or younger appearance. The ability to achieve this makes **PLASTIC SURGERY AN ART AS WELL AS A SCIENCE.**" To get the best results, Dr. Newman spends extra time analyzing patients' features, both at rest and when they move, for example, when they are speaking or smiling. This gives him a true understanding of how to make his work balance with the rest of the patient's face. "For instance, a natural-looking rhinoplasty should result in a nose that is harmonious with the face, while at the same time not looking 'done'," he points out. "My goal, no matter what the procedure, is to provide my patients with a beautiful, natural-looking aesthetic result that is consistent with their individual goals."